

## SEPTEMBER BREAKFAST & LUNCH MENU

MENU SUBJECT TO CHANGE WITHOUT NOTICE

	28	29	30	31	1
					<b>PORTUGUESE SAUSAGE</b> STEAMED RICE PEACHES 100% FRUIT JUICE  <b>KALUA PORK W/CABBAGE</b> STEAMED RICE LOMI TOMATO TROPICAL PINEAPPLE
<b>LABOR DAY HOLIDAY</b>	4	5	6	7	8
	<b>SCHOOL MADE BANANA BREAD</b> TROPICAL PINEAPPLE 100 % FRUIT JUICE  <b>BEEF STEW</b> STEAMED RICE WHOLE GRAIN ROLL HOUSE SALAD CANNED FRUIT	<b>BREAKFAST CHICKEN PATTY</b> STEAMED RICE MIXED FRUIT 100% FRUIT JUICE  <b>CREOLE MACARONI</b> WHOLE GRAIN FRENCH BREAD HOUSE SALAD FRUIT SLUSHY	<b>FRENCH TOAST W/SYRUP</b> SEASONAL FRUIT 100% FRUIT JUICE  <b>BREADED CHICKEN NUGGETS &amp; RICE</b> PAN ROASTED VEGETABLES HUMMUS BABY CARROTS CANNED FRUIT CHOICE	<b>CINNAMON ROLL</b> PINEAPPLE CHUNKS ORANGE WEDGES  <b>OVEN BAKED CHICKEN</b> WHIPPED POTATO HOUSE SALAD ORANGE WEDGES WHOLE GRAIN ROLL	
<b>PEPPERONI PIZZA STIX</b> ORANGE WEDGES 100% FRUIT JUICE	11	12	13	14	15
<b>FISH W/STEAMED RICE</b> BAKED BEANS RAINBOW SALAD FRUIT SLUSHY APPLE SAUCE	<b>BREAKFAST SLIDERS</b> PEACHES 100 % FRUIT JUICE  <b>FRIED SAIMIN W/EGG ROLL</b> HOUSE SALAD GRAPE TOMATOES FRUIT JUICE	<b>BREAKFAST SMOOTHIE</b> CINNAMON TOAST FRESH FRUIT APPLE WEDGES  <b>TASTY CHICKEN TENDERS</b> STEAMED RICE PICKLED CABBAGE BROCCOLI & CARROTS SEASONAL FRUIT	<b>FRIED RICE AND EGGS</b> MIXED FRUIT 100% FRUIT JUICE  <b>CHEESEBURGER ON WHOLE GRAIN BUN</b> POTATO WEDGES RAINBOW SALAD SEASONAL FRUIT	<b>CINNAMON TOAST AND HAM LINKS</b> PINEAPPLE CHUNKS CRANBERRIES  <b>ASIAN STYLE CHICKEN W/STEAMED RICE</b> WHOLE GRAIN ROLL COLESLAW BROCCOLI FLORETS/BABY CARROTS CANNED FRUIT CHOICE	
<b>WHOLE GRAIN PANCAKES</b> SEASONAL FRUIT 100% FRUIT JUICE	18	19	20	21	22
<b>BEEF AND BEAN BURRITO</b> CURLY FRIES LETTUCE LEAF SLICED TOMATOES SEASONAL FRUIT	<b>CINNAMON RAISIN BAGEL</b> PINEAPPLE CHUNKS 100% FRUIT JUICE  <b>BEEF BROCCOLI W/STEAMED RICE</b> HOUSE SALAD BABY CARROTS CANNED FRUIT	<b>EGGLETTE</b> WHOLE GRAIN TOAST PAPAYA/PINEAPPLE CHUNKS FRUIT MIX 100% FRUIT JUICE  <b>POPCORN CHICKEN</b> MASHED POTATOES PAN ROASTED VEGETABLES APPLE WEDGES FRUIT MUFFIN	<b>PIZZA BAGEL</b> MIXED FRUIT 100% FRUIT JUICE  <b>CORN DOG</b> BAKED BEANS HOUSE SALAD BABY CARROTS FRUIT JUICE	<b>PORTUGUESE SAUSAGE</b> STEAMED RICE PEACHES 100% FRUIT JUICE  <b>KALUA PORK W/SPINACH</b> STEAMED RICE LOMI TOMATO TROPICAL PINEAPPLE	
<b>MAPLE PANCAKE WRAP</b> SLICED PEACHES CRANBERRIES	25	26	27	28	29
<b>SLOPPY JOE</b> TATER TOTS HOUSE SALAD APPLE WEDGES SHORTBREAD COOKIE	<b>SCHOOL MADE BANANA BREAD</b> TROPICAL PINEAPPLE 100% FRUIT JUICE  <b>BEEF STEW</b> STEAMED RICE AND WHOLE GRAIN ROLL HOUSE SALAD CANNED FRUIT	<b>BELGIAN WAFFLE W/FRUIT TOPPING</b> MIXED FRUIT 100% FRUIT JUICE  <b>CREOLE MACARONI</b> EG FRENCH BREAD HOUSE SALAD FRUIT SLUSHY	<b>PORTUGUESE SAUSAGE</b> STEAMED RICE SEASONAL FRUIT 100% FRUIT JUICE  <b>CHILI FRANK AND STEAMED RICE</b> PAN ROASTED VEGETABLES HUMMUS BABY CARROTS CANNED FRUIT JUICE	<b>CINNAMON ROLL</b> PINEAPPLE CHUNKS ORANGE WEDGES  <b>OVEN BAKED CHICKEN</b> WHIPPED POTATO HOUSE SALAD ORANGE WEDGES WHOLE GRAIN ROLL	

\* All steamed rice is 100% brown rice

All breads/breaded items are whole grain

All meals include a choice of half-pint 1% or skim milk  
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